



Harmony Healing
 Naturopathic Clinic
"In tune with nature"

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Patient Information

Harmony Healing Naturopathic Clinic is dedicated to providing the highest quality of care to promote health and wellness. We use natural therapies that work with the body's inherent ability to heal itself.

First Office Visit (90 minutes)

Unless you haven't done so, please plan to arrive 10 minutes before your scheduled appointment to fill out the necessary intake forms. Also, if you are currently taking any medications or supplements, please bring the bottles with you. During this time, there will be an in-depth overview of your medical history and general health concerns, including necessary physical examination and laboratory evaluation. After this point, you will be presented with recommendations to meet your specific needs.

Return Office Visit (45 minutes)

During follow-up sessions, we evaluate the progress made since your previous visit, and/or discuss new concerns, and will further fine tune the treatments towards reaching your goals. We will emphasize education, prevention, and will support you towards self-care and a balanced living. You may also schedule for any wellness services listed below.

Fees: *We offer 10% discount to students & seniors*

Adult

First Office Visit (90 minutes)	\$225
Return Office Visit (45 minutes)	\$140
Acute Conditions – Cold & flu, UTI, etc. (30 minutes)	\$90
Other: Prepaid First Office Visit with 30 minute follow-up	\$270

Children under 12

First Office Visit (90 minutes)	\$180
Return Office Visit (45 minutes)	\$100
Acute Conditions – Cold & flu, UTI, etc. (30 minutes)	\$80

Weight Loss Programs

Body Composition Analysis (BIA)	\$50
Individualized 12 week Program: 6 appointments over a 12 week period, includes BIA assessment at every visit.	\$450
Class: Group of 6-8 persons in a 10 week program , includes 1 free BIA assessment at start of class, then discounted to \$35 thereafter	\$250
Combined: To those enrolled in 12 week Individualized Program, the 10 week group classes are discounted to \$100 and we invite you to bring a guest or family member at no additional cost.	\$550

Phone consults: Also available after the initial first office visit at the same rates as office visits above.

Appointments: Appointments are available by calling **(408) 730-0700** (including some evenings & Saturdays)

Insurance & Payment: We ask for payment at the time of service. Naturopathic Doctors are currently not directly contracted with insurance companies in California. Some insurance carriers such as Great Western PPO and Cigna provide out of network reimbursement for office visits. Many PPOs also cover the cost of certain labs. Insurance is an agreement between you and your insurance carrier. Please check with your insurance provider regarding coverage for naturopathic doctors. We can provide you with the necessary forms to bill your insurance company for reimbursement. We accept cash, most credit cards, and HSA (Health Savings Account).

Cancellation Policy: We require 24 hours notice for cancellations. There will be a \$50 charge for any missed appointments where no prior notice is given.

Thank you! We look forward to your visit.